

# 2022-2026 State Plan



### **Our Mission**

The Utah Developmental Disabilities Council supports and empowers people with intellectual and developmental disabilities to achieve inclusive, meaningful, and selfdetermined lives in their communities through its ongoing support of leadership, education, policy, and advocacy actions.

#### 1. Goal 1: Health and Safety

The UDDC will support physical and mental health and safety outcomes for people with intellectual and developmental disabilities and their families.

#### a. Objective 1.

By 2026, UDDC will develop partnerships and support initiatives to decrease opportunities for abuse and neglect through increased education and training opportunities for at least 200 people with intellectual and developmental disabilities and the people who support them.

#### b. Objective 2.

By 2026, UDDC will work with at least two partners to decrease barriers, increase education, and improve community capacity to support positive health outcomes, focusing on the concepts of social determinants of health for people with intellectual and developmental disabilities using new approaches to increase access to wellness, health, and behavioral services and information.

#### 2. Goal 2: Transportation

## The UDDC will support the increase of access and availability of accessible and affordable transportation options throughout the state of Utah.

#### a. Objective 1.

By 2024, the UDDC will explore the barriers to reasonable, affordable, and accessible transportation options throughout the state resulting in a statewide analysis report with specific recommendations for community partners and potential solutions to improve transit and transportation options in order for people with intellectual and developmental disabilities to access their communities.

#### b. Objective 2.

By 2026, the UDDC will advocate, develop partnerships, and support initiatives resulting in at least two sustainable transportation solutions throughout the state, which will increase opportunities for people with intellectual and developmental disabilities to access community living and competitive community-integrated employment that meets individual needs and preferences.

#### 3. Goal 3 Leadership and Advocacy

The UDDC will improve Utah public policy through developing self, community, and policy advocacy skills of people with intellectual and developmental disabilities and their families.

#### a. Objective 1.

Annually, UDDC will educate policymakers about the impact of at least two key federal or state bills, Executive Orders, or regulations being proposed, and will increase awareness about the needs and wishes of Utahns with intellectual and developmental disabilities.

#### b. Objective 2.

By the end of each fiscal year, UDDC will support or create training opportunities for people with intellectual and developmental disabilities in order to improve leadership and advocacy skills for at least 20 self-advocates who have been recognized as leaders or potential leaders in their communities.

#### c. Objective 3.

Annually, UDDC will mentor and expand the participation of people with intellectual and developmental disabilities in at least one cross-disability and culturally diverse coalition, as well as establish and strengthen a statewide self-advocacy organization.

#### d. Objective 4.

By 2026, UDDC and its partners will support members of the Spanish-speaking community to improve access to service systems to meet the needs of Spanish-speaking families and individuals with intellectual and developmental disabilities.

#### 4. Goal 4 Community Access and Supports

The UDDC will support community access, as well as formal and informal supports, for people with intellectual and developmental disabilities and their families.

#### a. Objective 1.

By 2026, the UDDC will create or support at least three initiatives that build capacity and supports in opportunities for competitive community-integrated employment with an emphasis on inclusion and fair wages.

#### b. Objective 2.

By 2026, the UDDC will support or expand two or more practices intending to improve post-school competitive community-integrated employment outcomes and community engagement for students ages 12-22 as they transition into adulthood.

#### c. Objective 3.

Annually, the UDDC will guide individual, community, and agency cooperative and collaborative efforts to remove barriers to community living, through legislative advocacy, increased transparency at the agency level, and transforming formal and informal supports to increase the number of people with intellectual and developmental disabilities who access the community when, where, and how they choose.

#### d. Objective 4.

Annually, the UDDC and its DD Network Partners will identify and respond to relevant legislation and other emerging needs of people with intellectual and developmental disabilities and their families in alignment with the UDDC's mission.