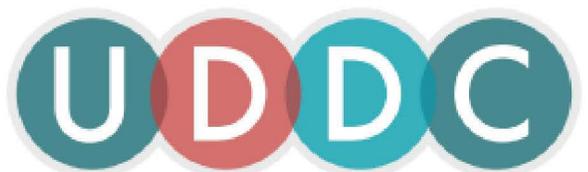




FEDERAL FISCAL YEAR 2023

# ANNUAL REPORT



Utah Developmental  
Disabilities Council

# 2023 UDDC MEMBERS

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Stephanie Roach  
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**The Utah Developmental Disabilities Council supports and empowers people with intellectual and developmental disabilities to achieve inclusive, meaningful, and self-determined lives in their communities through its ongoing support of leadership, education, policy, and advocacy actions.**

## WHO WE ARE

Councils on Developmental Disabilities were created through the Developmental Disabilities Assistance and Bill of Rights Act (DD Act) in 1970 and are federally funded through the Administration for Community Living.

The Utah Developmental Disabilities Council (UDDC) is a Governor appointed organization of people with intellectual and developmental disabilities, their families, and agencies that provide support and services to people with disabilities. More than 60 percent of the UDDC membership consists of individuals with developmental disabilities or their family members. The remainder of Council membership includes advocates and state agency representatives. The diverse membership of UDDC creates opportunities to better analyze and improve systems and services within Utah and ensure that the voices of people with intellectual and developmental disabilities as well as their families are heard.

## WHAT WE DO

Together, UDDC members work to promote self-determination, community integration, and inclusion. UDDC uses advocacy, capacity building, and systems change activities to advance equity for people with intellectual and developmental disabilities in the state of Utah and throughout the United States. The UDDC develops and implements a five-year plan that best suit the needs of the community. Plans can address:

- Employment
- Health
- Housing
- Transportation
- Community Supports
- Quality Assurance
- Child Care
- Education and Early Intervention
- Recreation

## 2022-2026 GOALS

### Goal 1: Health and Safety

The UDDC will support physical and mental health and safety outcomes for people with intellectual and developmental disabilities and their families.

### Goal 2: Transportation

The UDDC will support the increase of access and availability of accessible and affordable transportation options throughout the state of Utah.

### Goal 3: Leadership and Advocacy

The UDDC will improve Utah public policy by developing self, community, and policy advocacy skills of people with intellectual and developmental disabilities and their families.

### Goal 4: Community Access and Supports

The UDDC will support community access, as well as formal and informal support, for people with intellectual and developmental disabilities and their families.



The Utah Developmental Disabilities Council moved closer to reaching our health and safety goal. The UDDC's activities focused on physical and mental health and safety. UDDC took part in several workgroups, coalitions, and steering committees that will result in positive changes. The Council supported and created many training products this year. Training developed through council-supported efforts for Community Health Workers (CHWs) was adopted by the State of Utah. CHWs will learn how to better engage people with disabilities in the community health worker model. The Council is also working to provide education about healthy bodies, relationships, and sexuality.

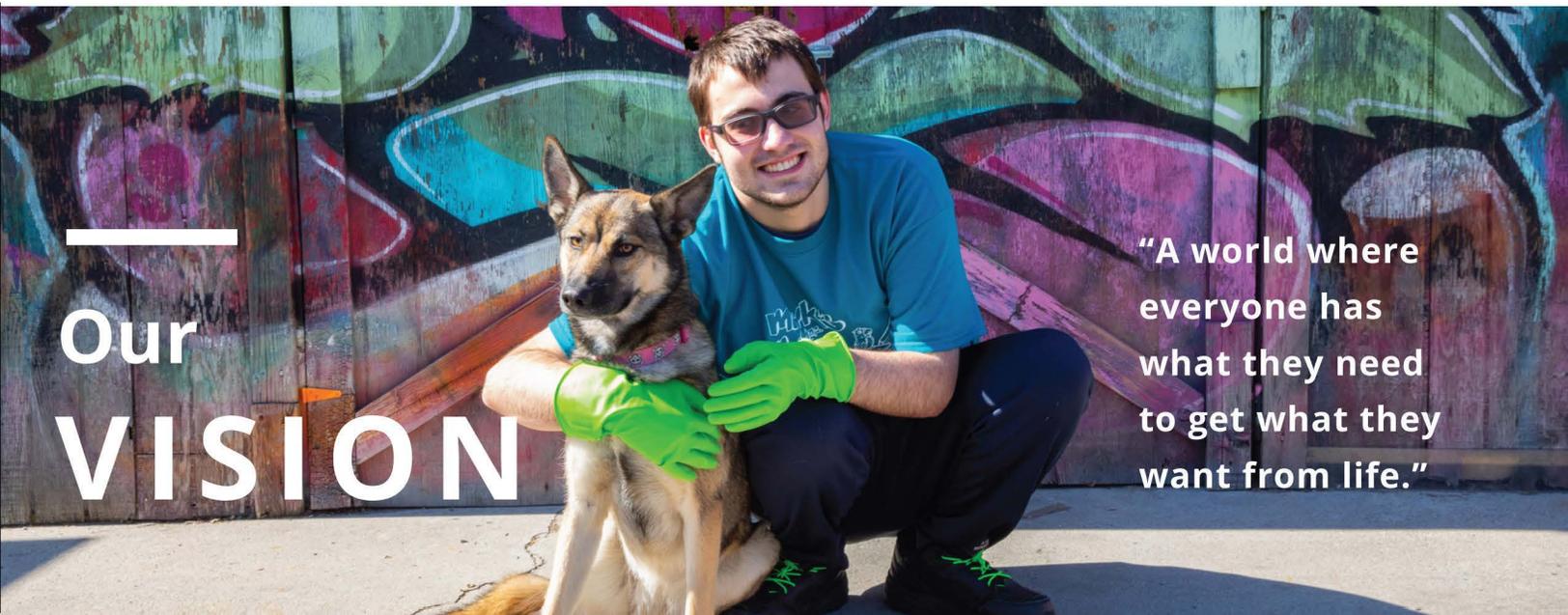
UDDC and its partners formed a coalition to address the lack of support for Utah's caregivers. This healthcare crisis can result in mental and physical fatigue or injury. More than one in five Americans are serving as family caregivers. These caregivers assist older adults and people with disabilities to live more independently. This assistance can improve dignity, self-determination, and a better quality of life. An estimated 450,000 adults in Utah



Workgroup participants at an event to support Utah's caregivers

provide unpaid caregiving services to family and friends. This work is valued at 4.6 billion dollars each year. The coalition strives to identify strategies to acknowledge and find ways to better support caregivers.

**2,192** people were directly impacted by UDDC's health and safety efforts in FFY 2023.



Our  
**VISION**

"A world where everyone has what they need to get what they want from life."

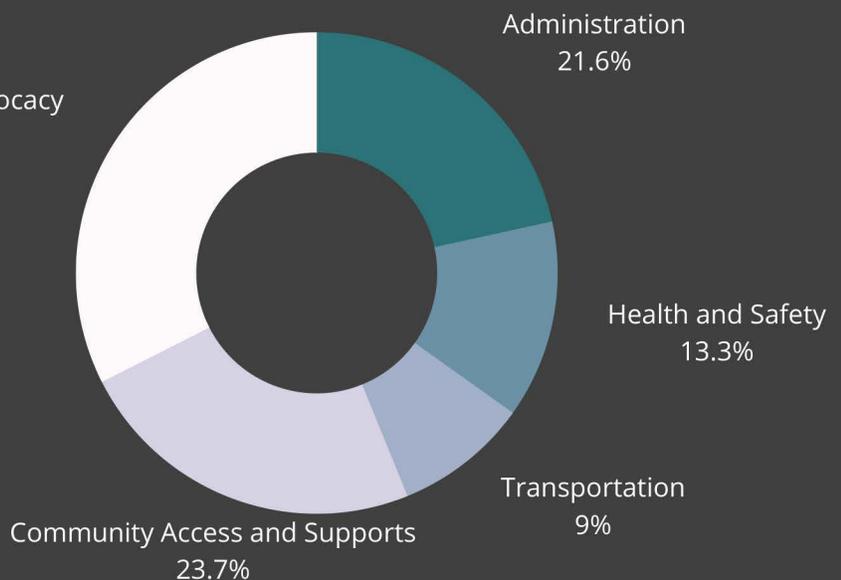


This year UDDC built partnerships to expand transit for people with disabilities. The Council supported data collection that will inform future transit development and improvements. UDDC made progress toward increasing stakeholder knowledge about transportation options and opportunities. The Council plans to educate decision-makers about transit improvements. UDDC convened a team to participate in the "Transportation Accessibility Institute" hosted by the Community Transportation Association of America and Transit Planning for All. The one-day planning summit in Oklahoma City brought together representatives of people with disabilities, older adults, caregivers, health care, public transportation authorities, and local governments. Teams identified solutions to improve transportation access and affordability.



**Total Federal  
Fiscal Award for  
Reporting Year  
\$646,912**

Leadership and Advocacy  
32.5%



The Council worked to improve community access and support for people with developmental disabilities. The Council wants people with developmental disabilities to be able to access their communities, when, where, and how they choose. UDDC funded multiple innovative projects to advance access to employment, home and community-based services and support positive outcomes for youth transitioning to adulthood. The UDDC partnered with the Division of Services for People with Disabilities to fund a “waitlist liaison” pilot. This pilot, developed by the Utah Parent Center, will identify informal support for individuals and families waiting for formal home and community-based services.

The UDDC funded Transforming and Improving Practices (TIP) grants in 2023. These grants aim to improve the employment outcomes of people with developmental disabilities. Many people with developmental disabilities want jobs in the community, pay that provides a living wage with benefits, and opportunities for career advancement. The TIP Grant addresses several components that are critical for this to happen. They will help community service providers to build, expand, and sustain capacity in employment programs.

**371** people were directly impacted by Community Access and Supports Activities funded by the UDDC.





The UDDC made collective efforts to improve Utah public policy. Council programs provided people with I/DD, their families, and communities, with knowledge and insight about important issues. The UDDC educated stakeholders about the caregiver compensation program and the need for better access to home and community-based services.

Participants in UDDC programs gain leadership skills that will improve advocacy for one's self, communities, and public policy.

**609** people were directly impacted by UDDC's leadership and advocacy efforts in FFY 2023.

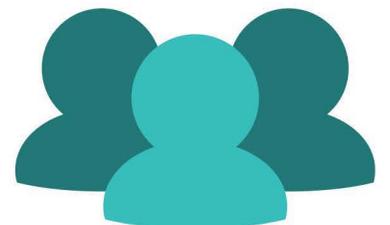


“ [UDDC] provided me with so much information about all services available in Utah. In addition, the program allowed me to reflect on my current skills as an advocate, and determine how, and what, I wanted to advocate for in the future.

Also, the in-depth nature of the coursework, allowed for time to explore my own belief systems and how this impacts my work with families who have a child with disability.



**609**



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